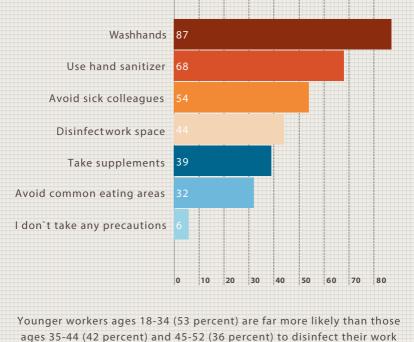


## WHAT PRECAUTIONS AMERICANS TAKE TO AVOID THE FLU AT WORK

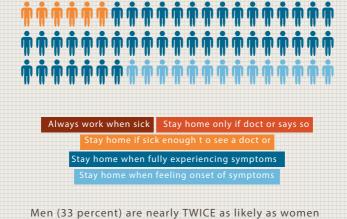


Americans are more likely to take a vitamin or supplement than their younger counterparts – 43 percent for those ages 35-44 and 39 percent for those ages 45-54 vs. just a third (32 percent) of workers ages 18-34.

BEING SICK DOESN'T KEEP AMERICANS
FROM THE WORKPLACE

spaces after a sick co-worker leaves. On the flip side, older working

## 



(17 percent) to always go to work despite being ill.

WHY DO SO MANY AMERICANS COME TO

WORK SICK?

Too many deadlines or work 42

Can't afford to be sick

Boss expects me to work sick

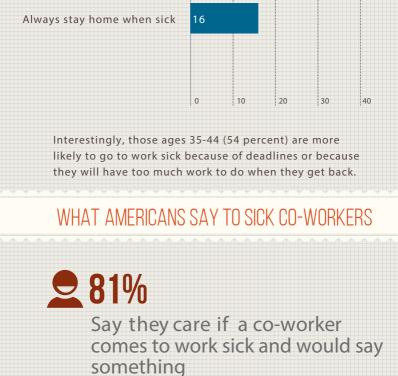
Don't trust anyone to do my job

**57**%

**26**%

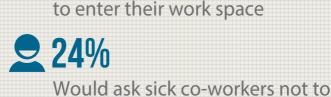
**36**%

if sick



Would tell a co-worker to go home

Would request sick co-workers not



use their work supplies

notably, nearly two-thirds (63 percent) of women are more likely to tell their sick co-worker "You should go home because you're sick" compared to half (53 percent) of their male counterparts.

Women (74 percent) are more likely than men (65 percent) to say something to a sick co-worker when they come to work sick. Most

WHAT AMERICANS THINK ABOUT CO-

Say they`d rather not shake a sick co-worker`s hand

WOTIK

They are hard working They can't afford to take a sick day

They are trying to prove themselves to the boss

NSF

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